# Writing Goals and SMART Objectives

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#### **Objectives**

By the end of the session participants will be able to:

- Describe the relationship between assessment and organizational and community strategic planning
- 2. Describe and practice writing goals and SMART objectives for strategic planning
- 3. Review process for Divisions to submit draft goals and SMART objectives

#### Accreditation

- Strategic Plan (St. Louis County DOH)
- Assessment (e.g., SWOT, CHNA)
- Goals and Objectives
- Community Health Improvement Plan (County-Wide Plan)
- Assessment (CHNA)
- Goals and Objectives
- Performance Measurement & Quality Improvement



# What is a Goal?

- Broad statement of purpose
- Specifies effect (e.g. reducing a health problem)
- Specifies a target population
- Directional (e.g. increase, decrease, establish, etc)

# **Writing Goals**

- · What do you want to happen?
- What is a priority?
- Create a goal before drafting objectives
- Begin with action verbs, e.g., reduce, increase, eliminate, ensure, establish
- · Focus on the end result, an outcome.

# **Example of Goals**

- Increase use of prenatal care among high risk pregnant women in St. Louis County. (program goal)
- Provide access to prenatal care services for all high risk women in St. Louis County. (system capacity goal)

### What is an objective?

- Describes results to be achieved
- · Describes how it will be achieved
- Sets targets and accountability
- Specifies a target population

### **SMART Objectives**

- Specific, measurable, achievable, relevant, and time-framed
- Includes WHO is going to do WHAT, WHEN, WHERE, WHY, and BY HOW MUCH (standard/measures)?

#### **SMART Objective Examples**

Goal: Increase use of prenatal care among high risk pregnant women in St. Louis County.

Objective 1: By December 31st (when), all (by how much) St. Louis County DOH practitioners (who) will complete the prenatal high risk awareness program (what) to identify high-risk pregnant women (why) in St. Louis County.

<u>Goal</u>: Increase use of prenatal care among high risk pregnant women in St. Louis County.

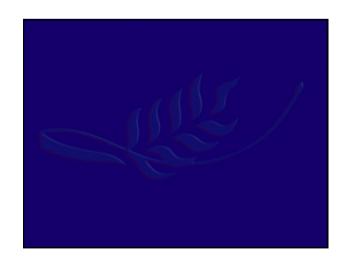
SMART objective 2: By the end of FY 2013 (when), there will be a 50% increase over baseline (by how much) of high-risk pregnant women (who) receiving prenatal care (what/why) in St. Louis County (where).





# **Summary & Next Steps**

- Practice writing 1 draft program goal and related objectives (2-3) for review.
- Submit the goal and objectives to Jamie by March 27<sup>th</sup> to receive Heartland advisors' feedback.
- Based on feedback, revise and submit final division and program draft goals and objectives to Jamie by April 27th to receive Heartland feedback.



Division	Program:
GOAL 1:	
Key Component	Objective
Specific - What is the specific task?	
Measurable - What are the standards or parameters?	
Achievable - Is the task feasible?	
Realistic - Are sufficient resources available?	
Time-Bound - What are the start and end dates?	
SMART objective 1:	
How do you plan on monitoring/measuring the target?	
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CMART abjective 2:	
SMART objective 3:	
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How do you plan on monitoring/measuring the target?