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## Accreditation Prerequisites: How to conduct processes that yield a CHA, CHIP, and strategic plan

Thursday, November 15, 2012

Erinn Monteiro, MPH, CHES Senior Program Analyst

National Association of County and City Health Officials



#### **GOAL:**

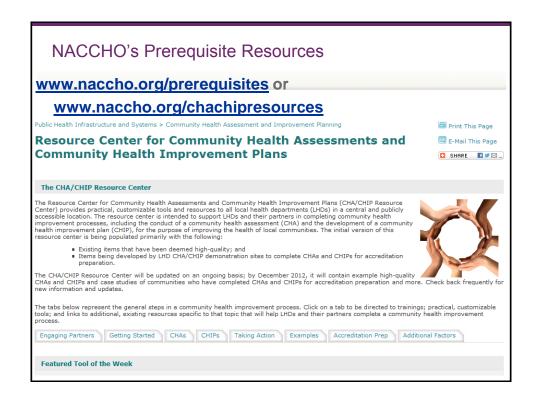
To discuss development of the prerequisites for national accreditation: community health assessment (CHA), community health improvement plan (CHIP), and agency strategic plan

#### **OBJECTIVES:**

- Discuss the developments of the prerequisites documents from the point of view of different sized health departments
- Provide tips for getting started with and completing the processes that yield all three of the prerequisites
- Provide examples of successful frameworks and models for prerequisite processes
- Explain the importance of the prerequisites to other aspects of accreditation







# WWW.naccho.org/prerequisites MACCHO hosted on Nov. 17, 2009. A few tools that assist LHDs in developing strategic plans for their agencies include: - Include the property of the strategic plans for their agencies include: - Include the property of the strategic plans for their agencies include: - Include the property of the strategic plans for their agencies include: - Include the property of the strategic plans for their agencies include: - Include the property of the strategic plans for their agencies include: - Include the property of the strategic plans agency of the strategic plans agency of the public in May of 2012. - Community Tool Box, Chapter Eight: Developing a Strategic Plan. The Community Tool Box, created by the Work Group for Community Health and Development at the University of Kansas, provides information on how to build healthier and more equitable communities. Chapter Eight of the tool box ("Developing a Strategic Plans") provides practical, sixe-by-vise pudiance on how to embris on the strategic plans process. - Provide practical, sixe-by-vise pudiance on how to embris on the strategic plans process. - Provide practical, sixe-by-vise pudiance on how to embris on the strategic plans process. - Creating and Implementing Your Strategic Plans: A Workbook for Public and Nonprofit Organizations. - This hard-copy workbook, written by John M. Byroso and Farnum K. Alton, is a step-by-vise pudie on strategic planning in public and nonprofit organizations, and provides easy-to-understand worksheets and dear instructions for creating a strategic plan tillored to the needs of an individual organization. - Creating and Implementing Your Strategic Plans: A Workbook for Public and Nonprofit Organizations for creating a strategic plan tillored to the needs of an individual organization. - Creating and Implementing Your Strategic Plans: A Workbook for Public and Nonprofit Organizations for creating a strategic plans in the public health professionals must register to enroll. The Includer instru

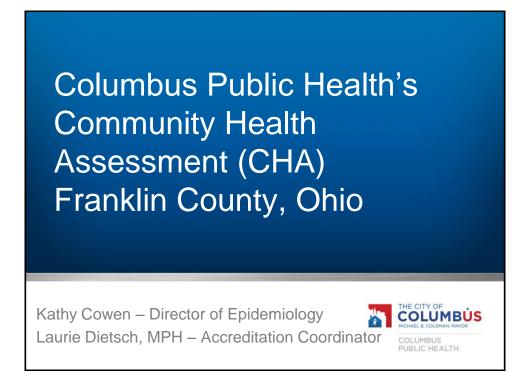
#### **NACCHO/CDC Accreditation Support Initiative**

- CDC/OSTLTS funding, through NACCHO
- September 2011 May 2012
- Purpose: Increase readiness of health departments to apply for PHAB accreditation
  - Prerequisites and other PHAB documentation
  - Accreditation fees
  - Other accreditation readiness activities
- Two initiatives, 18 health departments and support organizations total
  - Nearly \$1 million





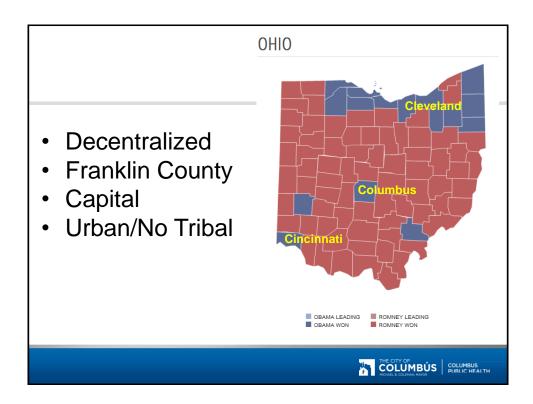




## Overview

- Background who we "really" are
- History
- CHA Process/Model
- Tips
- Success / Barriers
- Importance of CHA in Accreditation

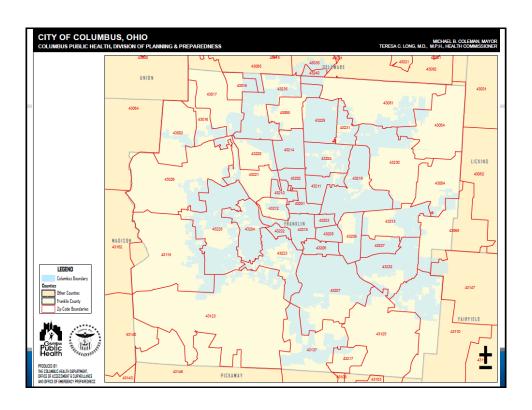




## Franklin County, Ohio

- Population ~75% urban, 25% suburban
- 2 Health Departments (CPH/FCPH)
- CPH Jurisdictions
- 430 employees 330 FTE





## People of Franklin County

- Franklin County has over 1.1 million residents.
- Population has grown almost 9% since 2000.
- Diversity continues to increase with the non-Hispanic, White population remaining stable while the Hispanic population has <u>increased</u> by 129% in the past 10 years.





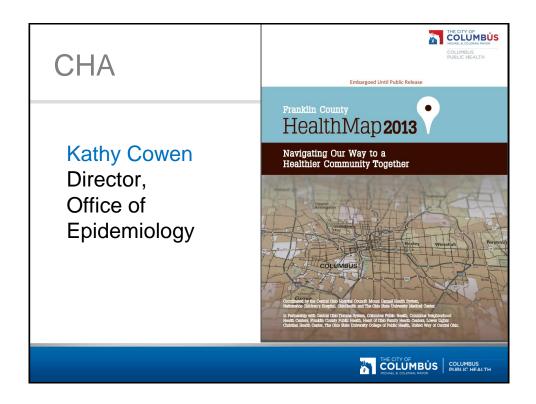
2010 U. S. Census Uninsured: 2008 Ohio Family Health Survey

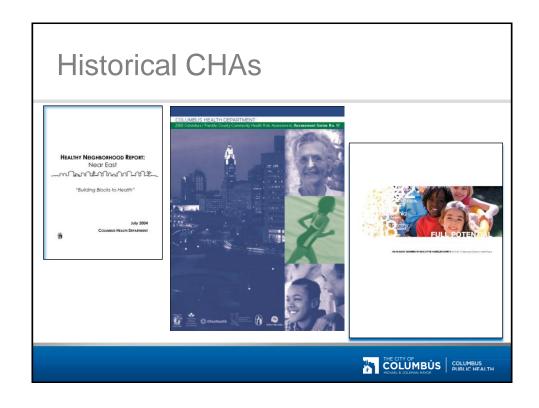


## People of Franklin County

- Franklin County's population is also aging with the highest growth seen in the population age 55 and over.
- Over 200,000 (18%) residents were living below the poverty level in 2009.
- Almost 19% of the residents between the ages of 18 and 64 were uninsured in 2008.







## **CHA Process: Timeline**

- Late in 2010
  - Hospitals approached CPH to determine interest and ability to participate in community assessment
  - CPH was in early stages of readying for Accreditation
  - Some compromise on what was included in CHA in order to meet deadlines



## **CHA Process**

- Two names. Similar Goals. Similar but different timelines.
  - Community Health Assessment
    - For LHD to attain accreditation
  - Community Health Needs Assessment
    - For hospitals to maintain non-profit/tax-exempt status
- Decided to collaborate to meet needs of both
- CHA defined using the PHAB Beta Version



# CHA Process: Framework/Model and Resources used

- Framework loosely based on MAPP
- Resources
  - Hospitals Central Ohio Hospital Council staff, plus community benefit and strategic planning people from each of 4 hospital systems
  - 2 Local Public Health Depts- Epidemiologists
  - Others: United Way, FQHCs, OSU College of Public Health (consultant)



#### Roles and Responsibilities **ROLE PARTNER** Infrastructure – coordination, meeting Central Ohio Hospital Council space, minutes, materials, contract with OSU, access to hospitalization and ED data Columbus Public Health Identification of data sources, data checking, report review and revisions, Franklin County Public Health graphic design of report Participated in discussions, review and 3 adult hospital systems plus 1 priority-setting throughout children's hospital, United Way, Columbus Neighborhood Health Centers (FQHCs), Central Ohio Trauma System Established a timeline, provided Center for Public Health Practice at The processes for selection of indicators and Ohio State University College of Public prioritizing health needs, pulled data, Health - consultant and graduate drafted report student COLUMBUS PUBLIC HEALTH

## Tips

- Getting started
  - Focus on common goals
  - Find willing (and necessary) partners
- Getting it completed
  - Don't strive for perfection
  - Set deadlines
  - Start working on next one now



## Successes and Challenges

- Deadlines
- Limited funds
- Differences
  - Perspectives
  - Fiscal years

- Lots of local data resource
- Committed people and agencies





Laurie Dietsch, MPH Accreditation Coordinator





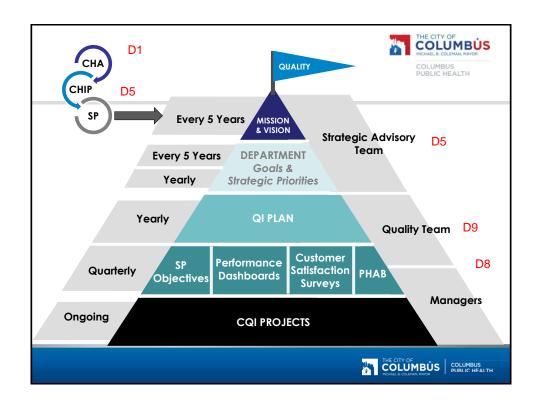
# Importance of CHA to Other Aspects of Accreditation

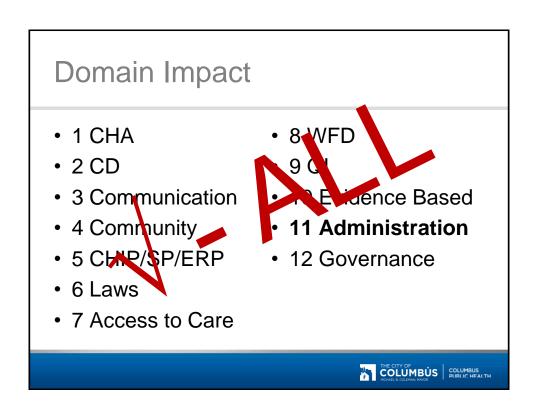


# Synergistic









## Columbus Public Health

#### **Kathy Cowen**

Director, Office of Epidemiology 614-645-6252

## Laurie Dietsch, MPH

Accreditation Coordinator 614-645-5139







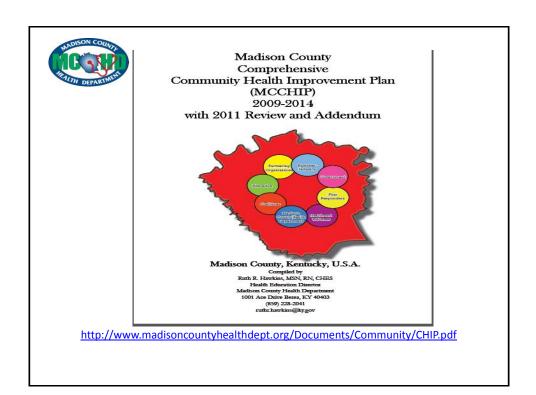
# Madison County Community Health Improvement Plan (CHIP) 2009-2014

**Presenter** 

Ruth R. Hawkins, MSN, RN, MCHES
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Berea, KY 40403

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859-228-2041





#### **Process of Developing the CHIP**

- 2006 Chose <u>Mobilizing for Action through Planning and</u> <u>Partnership (MAPP)</u> model for Community Assessment
- ➤ 2007 Initiated health department's first <u>comprehensive</u> community assessment through collecting statistical data
- ➤ 2008 Conducted series of <u>community forums to garner</u> <u>public input on perceived vision</u> for a healthy county, present health issues, and possible solutions (series of guided questions were used for discussion)



#### **Process of Developing the CHIP**

#### 2008 – Conducted full day meeting with key stakeholders

- approximately 70 individuals attended representing various agencies, schools, university/college, hospitals, local governments, faith-based, homemakers, & general public
- discussed assessment data from various sources & defined purpose of
- series of guided questions were used to discuss a vision for county related to health & safety, to select priority health issues, goals for improvement, current programs & services being offered and possible interventions needed to address identified health issues
- set vision for CHIP
- asked for volunteers to serve on an on-going workgroup to develop the full document



#### **Process of Developing CHIP**

#### > CHIP Workgroup

- Met several times to discuss issues brought forth from larger stakeholders meeting (some communications conducted via e-mails)
- Set Timeframe for CHIP implementation 2009-2014
- Established 3 MAJOR Health Priorities wanted to have a manageable plan
- Discussed Goals/Objectives
- Identified programs/services offered in county addressing Priority
- Final document prepared late 2009
- Published on health department website and information about document sent to community partners and leaders



#### **CHIP Priorities**

Priority # 1 - Physical Health: Overweight, Obesity and Lack of Physical Activity

**Goal:** Reduce the prevalence of overweight and obesity through increased physical activity and improved nutritional intake.

- Priority # 2 Alcohol, Tobacco And Other drugs (ATOD)
  Goal: Reduce the health and financial impact of alcohol, tobacco and other drugs (ATOD) on Madison County.
- Priority # 3 Health Care Disparities: Women At-risk for Pre-Term Deliveries or Low Birth Weight Infants; Uninsured/Underinsured; Spanish Speaking Individuals; and the Health Illiterate.

**Goal:** Reduce barriers that interfere or prohibit individuals and families from seeking preventive health and medical care by improving accessibility to health information and services.



Each Priority has Outcome Objectives, Impact Objectives, Suggested Strategies,

**Barriers to Overcome, Risk Factors and Evaluation Resources** 

#### Example

**Priority #3** – Preterm or Low Birth Weight Infants

**GOAL:** Reduce barriers that interfere or prohibit individuals and families from seeking preventive health and medical care by improving accessibility to health information and services.

#### **Outcome Objectives**

#### By the year 2014,

• Reduce the number of pregnant women who smoke by 2%, from 22% (2005) to 20%.

#### **Impact Objective**

Reduce the number of infants born preterm or with low birth weights

#### Suggested Strategy

 Implement a smoking cessation program at the Richmond Women's Health Care Center <u>Madison County Health Department (responsible agency)</u>

Provide a Smoking Cessation on-site at the Center Proposed (implementation date 2010)

#### **Barriers to Overcome**

Smoking is part of the social and family culture

#### Risk Factors

Lack of information about community resources

#### **Evaluation Resources**

Attendance at Smoking Cessation groups; number of women who quit smoking; number of women who report smoking during pregnancy (March of Dimes)



#### **CHIP Review & Update**

Fall 2011 - Invited community partners, elected officials, community residents to meeting to:

- · discuss new assessment data
- review relevance of each health priority
- report added or deleted programs or services addressing priorities
- · identify most important interventions needed
- what is the greatest health or social issue present in the county today?

38 individuals attended, some participated in the original community forums, community stakeholders meeting and part of the workgroup that helped develop the original CHIP

Participants were divided into small groups and responded to guided questions.

Ranking of greatest health and social issues present in county today was conducted.

#### Participants were provided information from the following documents to aid in the discussion.

- 2011 County Health Rankings Report
- Kentucky Health Facts for Madison County
- KIDSCount, Madison County Prescription Drug Use/Abuse Report 2011
- Madison County Community Health Improvement Plan (CHIP) 2009-2014



#### **CHIP Review & Update**

#### 2012 - Community Assessment

Madison County Health Department conducted County Health & Safety Survey (Jan.-Mar.)
Both local hospitals will have completed community assessments by end of 2012
Conducted Community Conversations around new KIDSCount Data (Sept.)

(72 individuals attended)

Major local school systems will have participated in the Kentucky Incentives for Prevention Survey (KIP Survey)

#### 2013 - Assessment data to review (in additional the above sources)

**County Health Rankings** 

Behavioral Risk Factor Surveillance System

Late 2013 or early 2014 - Evaluation and Revision of CHIP will occur



#### **Known Uses of the CHIP**

- ➤ Health department staff and other community partners use as references for grant writing
- ➤ Local college and university students reference it for various health and safety writings & projects
- ➤ Most recently referenced in the Health Committee of the Madison County Economic Development Committee



## **KEY Issues Regarding the CHIP**

- ➤ Built from community assessment data & input from community partners, key stakeholders and residents
- ➤ Viable document important to review and update
- Distribute information to the community so that it can be utilized by a variety of sources
- Requirement for Accreditation application we have applied, documentation has not been submitted

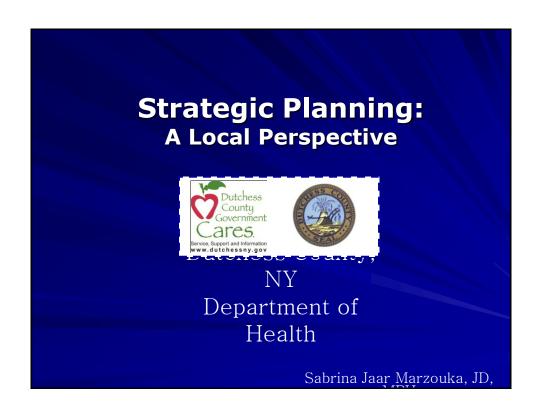


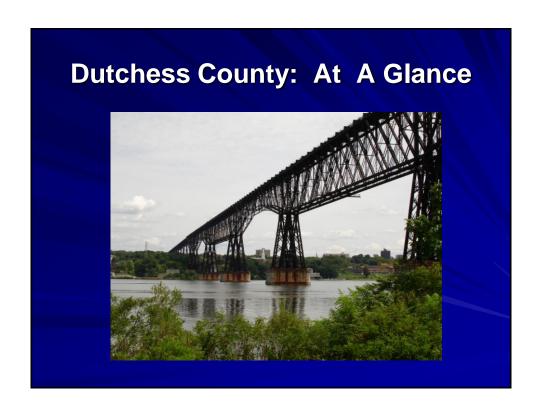
#### **Additional Information**

#### Contact

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For Information on Madison County Community Assessment Reports and Madison County Community Health Improvement Plan 2009-2014, go to <a href="http://madisoncountyhealthdept.org/PublicHome.html">http://madisoncountyhealthdept.org/PublicHome.html</a>





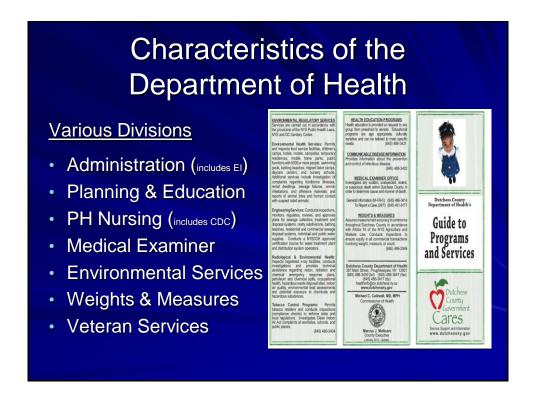


Dutchess County Demographics					
Ce	ensus 2000	Census 2010			
Population Size	280,150	297,488			
Population Density	349	374			
% Unemployed individuals	3.6%	6.6%			
% Individuals below poverty level	7.5%	7.5%			
% Seniors 65 and over below poverty leve	el 6.5%	5.4%			
% Children < 18 years below poverty leve	el 8.5%	9.1%			

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tchess County D	emog	grapi
Population Distribution by Age	2000	2010
Under Age 20	28.3%	25.9%
Between 20 and 64	59.7%	60.6%
Age 65-84	10.6%	11.7%
Age 85+	1.5%	1.9%
Median Age (years)	36.7	40.0
Population Distribution by Race and Ethnicity	2000	2010
White Non-Hispanic	80.3%	74.6%
Black Non-Hispanic	8.9%	9.2%
Asian Non-Hispanic	2.5%	3.5%
Hispanic	6.4%	10.5%

Measures	Dutchess 2012 NYS Rank	Dutchess 2011 NYS Rank
Health Outcomes (overall)	9	13
Mortality	9	13
Morbidity	14	11
Health Factors (overall)	10	11
Health Behaviors	12	14
Clinical Care	21	26
Socioeconomic Factors	10	11
Physical Environment	27	5

Characteristics of the Department of Health							
County	Population	Area (mi²)	% Rural	Poverty	Leadership	Services	Staff
Dutchess	297,488	802	29.1%	7.5%	Commissioner	Full	144
Orange	372,812	816	24.4%	11.1%	Commissioner	Full	160
Putnam	99,710	231	23.9%	7.0%	Commissioner	Full	65
Rockland	311,687	174	0.9%	11.3%	Commissioner	Full	209
Sullivan	77,545	969	71.3%	16.6%	P.H.Director	Partial	78
Ulster	182,496	1,126	49.4%	11.3%	P.H.Director	Full	59
Westchester	949,113	433	3.5%	8.2%	Commissioner	Full	301





## Strategic Planning: What is it?

## An alternative to crisis management

A process by which we look into the future, formulate strategies to meet the challenges, take advantage of opportunities, and outline the next 3-5 years' definite course for the organization.

## **Strategic Planning: Why?**

- Leadership where there is a will...
- Mid-2001 strategic planning process
- Changing landscape
- Public Health Accreditation

## Strategic Planning: What we did

First we Planned the Process itself

What is the time frame?
Who needs to be involved?
What resources do we have?
What end products are we aiming for?

Second, we <u>selected the Framework & Tools</u>

The framework must be clear and accepted by all. The tools needed to be adjusted to meet the local reality.

# Strategic Planning: What we did

Third, we <u>obtained input</u>

Strategic Planning is participatory
We surveyed both staff and community members to gather input on our SWOT analysis and identify priorities

- Facilitated several half day retreats to:
  - Review and analyze the surveys
  - Formulate the plan

## Selecting the Framework & Tools

- Ten Essential Services
- National P.H. Performance Standards (version 2.0) http://www.cdc.gov/od/ocphp/nphpsp/documents/07 110300%20Local%20Booklet.pdf
- Adjusted the NPHPS Local Public Health System Assessment Supplemental Questionnaire
- Administered the surveys on line (surveymonkey)

## **The Two Concurrent Surveys**

#### STAFF SURVEY

Every employee was asked via email from the Commissioner to complete the three part survey.

Because we had engaged in this process previously, we asked staff to determine if our existing mission, and values were still valid

We then used the edited version of the NPHPSP tool for staff to identify priorities.

Finally, we asked staff to name the top 3-5 goals for the department.

#### STAKEHOLDER SURVEY

Community Stakeholders received an invitation to participate via an email from the Commissioner. The survey included four components:

Previous Mission and Values were presented and participants were asked about their clarity and relevance.

Participants reviewed the previous Vision statement and were asked how successfully the department achieved it?

Using the edited version of the NPHSP tool, we asked for an assessment of the agency's contribution to the local public health system.

Participants provided suggestions relative to the department's goals.

## **SWOT Results**

#### Strengths

Highly qualified, dedicated and experienced staff Quality services Good leadership; diverse workforce Ability to set and achieve goals

#### Weaknesses

Decreasing staff capacity and limited resources
Department is perceived as fragmented and siloed across units
Internal communication is not as smooth or timely as possible
Aging workforce
Frequent policy changes and/or lack of policies to guide staff
Not utilizing technology effectively or accessing needed
technology

## **SWOT Results**

## Opportunities Expanded grant research and writing

Increase staff training and education
Enhanced collaborations with community partners
Strengthen network with other NYS LHDs & government entities
Federally Qualified Health Clinics
Regional Collaborations
Technology-social media, IT solutions to facilitate communication
and efficiencies

#### Threats

Ongoing funding cuts negatively impacting effectiveness Loss of staff
Natural and other disasters
Changes in state mandates
Economic environment

## Strategic Planning: What we did

- The Strategic Planning Team (SPT) held a "retreat" to review the SWOT data, and came up with revised mission, vision, values, goals and strategies.
- The Strategic Advisory Response Team (START) reviewed and gave input on the information gathered from the SPT, and came up with specific objectives and activities for each goal.
- A second meeting of the SPT was held to finalize the first draft.
- A joint session (SPT and START) was held to make the final adjustments to the draft plan and discuss its implementation, identifying responsible parties and timelines for all of our activities based on the goals and objectives derived.

## Mission, Vision and Values

Our Mission

The mission of the Dutchess County Department of Health is to assess, protect, and promote the health of our communities and our environment.

Our Vision

The Dutchess County Department of Health will be a trusted leader, advocate and partner with the community to prevent risks and promote public health.

- We value:
  - > The pursuit of innovation
  - Adherence to ethical principals
  - Expertise in all areas of public health practice
  - Efficient and dedicated service

# **Strategic Priorities**

Programs and Service Delivery

Goal: We will expand our focus on system wide planning and coordination to maximize our impact on public health.

Staff Composition & Structure

Goal: We will maintain a strong, qualified, engaged and well-trained workforce.

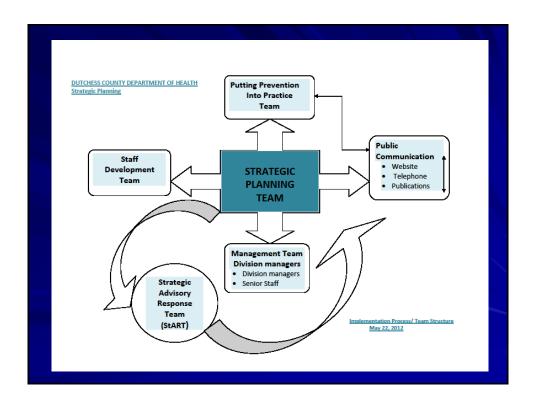
Information Technology & Data Management

Goal: We will maximize effectiveness of data management systems to demonstrate community impact.

Public Communications

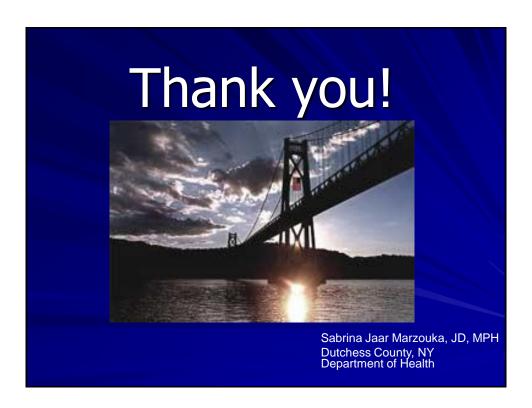
Goal: We will implement diverse outreach, marketing and public relations strategies to maximize education and empowerment.

Sample Implementation Plan  1. Programs and Service Delivery  Goal: DCDOH will expand its focus on system wide planning and coordination to maximize our impact on public health.						
1.	Ensure the Department responds effectively and efficiently to changing health needs by better	a.	Educate staff about the process and expectations for the CHA, CHIP, Municipal Plan Health Services Plan, Annual Performance Report, State Aid, & annual contract performance report	Staff development team Facilitator: Sr. Public Education Coordinator	May 2012 - May 2014	
		a.	Clarify roles and engage staff early in the Department's assessment and planning processes.	Sr. Managers Facilitator: Commissioner	By July 15, 2012 create list of reports/dates due etc.	
		a.	Use the annual staff meeting to discuss the CHA and CHIP and related program planning.	Sr. Managers Facilitator: Assistant Commissioner for Administration	At annual meeting 201	



## The Challenges & What we Learned

- Competing interests: mandates and lack of resources combined with limited time frame.
- The SWOT survey tool needed to be tweaked.
- Finding a way to ensure input, feedback, and understanding at every step of the process. A key concept to know is that strategic planning is a cooperative and participatory process.
- The REAL challenge remains the successful implementation of the strategic plan - this requires leadership and individuals' commitment, credibility, and ongoing communication.



#### Where to find these documents

## **CHA and CHIP examples:**

- www.naccho.org/CHACHIPresources
- Click on examples tab

## Strategic Plan examples:

www.naccho.org/prerequisites





#### **Question & Answer Session**

Type your questions in the Chat Box located on the lower left side of your screen.



**NACCHO** 

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